

OCCUPATIONAL HEALTH ASPECTS OF MIGRANTS LIVING/  
WORKING IN RURAL REGIONS  
IARM WEB-CONFERENCE, 2020. OCTOBER, PÉCS

**...AND WHO IS NOT OCCUPIED?  
UNEMPLOYED MIGRANTS IN RURAL REGIONS**

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**Homo sapiens**

**Migration in the ancient times**

**Invasions of the Hungarians to 897.**



**... and now?**



lose?

**Life threatening**



Home in  
**Nation**  
**Native land**

What they gain?



???

**Opportunities**

**Hope**





Two important aspects:  
illnesses and health care

**From two earlier assessments**

Hungarian migrant workers

Health services for foreigners in  
Hungary

Physical, psychical and social problems among the employees and their family in connection with labour migration

<b>persons in a little village:</b>	<b>1126</b>
<b>capable for work:</b>	<b>561</b>
<b>working in the village:</b>	<b>172</b>
<b>working near by the village:</b>	<b>201</b>
<b>working &gt; 100 kms:</b>	<b>21</b>
<b>working abroad:</b>	<b>76</b>
<b>unemployed:</b>	<b>91</b>

76 persons of a little village is working  
in several European Countries

**graduate:** -

**finished grammar school:** -

**skill worker:** 11

**unskilled worker:** 65

## **Diseases among the workers abroad**

<b>Enteritis:</b>	<b>37 persons</b>
<b>Grippe:</b>	<b>16 persons</b>
<b>Ischialgia:</b>	<b>14 persons</b>
<b>Gastritis acuta:</b>	<b>9 persons</b>
<b>Bronchitis acuta:</b>	<b>9 persons</b>
<b>Gastric pain:</b>	<b>7 persons</b>
<b>Angina:</b>	<b>5 persons</b>
<b>Tooth-pain:</b>	<b>3 persons</b>
<b>Phlebitis acuta:</b>	<b>3 persons</b>
<b>Otitis media:</b>	<b>1 person</b>

# Health services for the workers

Medicine from home	38 cases
Medicine from the neighbour	21 cases
Night duty service	2 cases
Ambulance care - hospital	1 cases
No medical aid (in two moths abroad)	42 cases

# Employees coming home from abroad went to the Gp

<b>in two days:</b>	<b>3 persons</b>
<b>in a week:</b>	<b>13 persons</b>
<b>in two weeks:</b>	<b>11 persons</b>
<b>need special care:</b>	<b>7 persons</b>

# Depression

<b>Out of</b>	
<b>all population:</b>	<b>178</b>
<b>employees abroad:</b>	<b>21</b>
<b>his/her family members:</b>	<b>39</b>

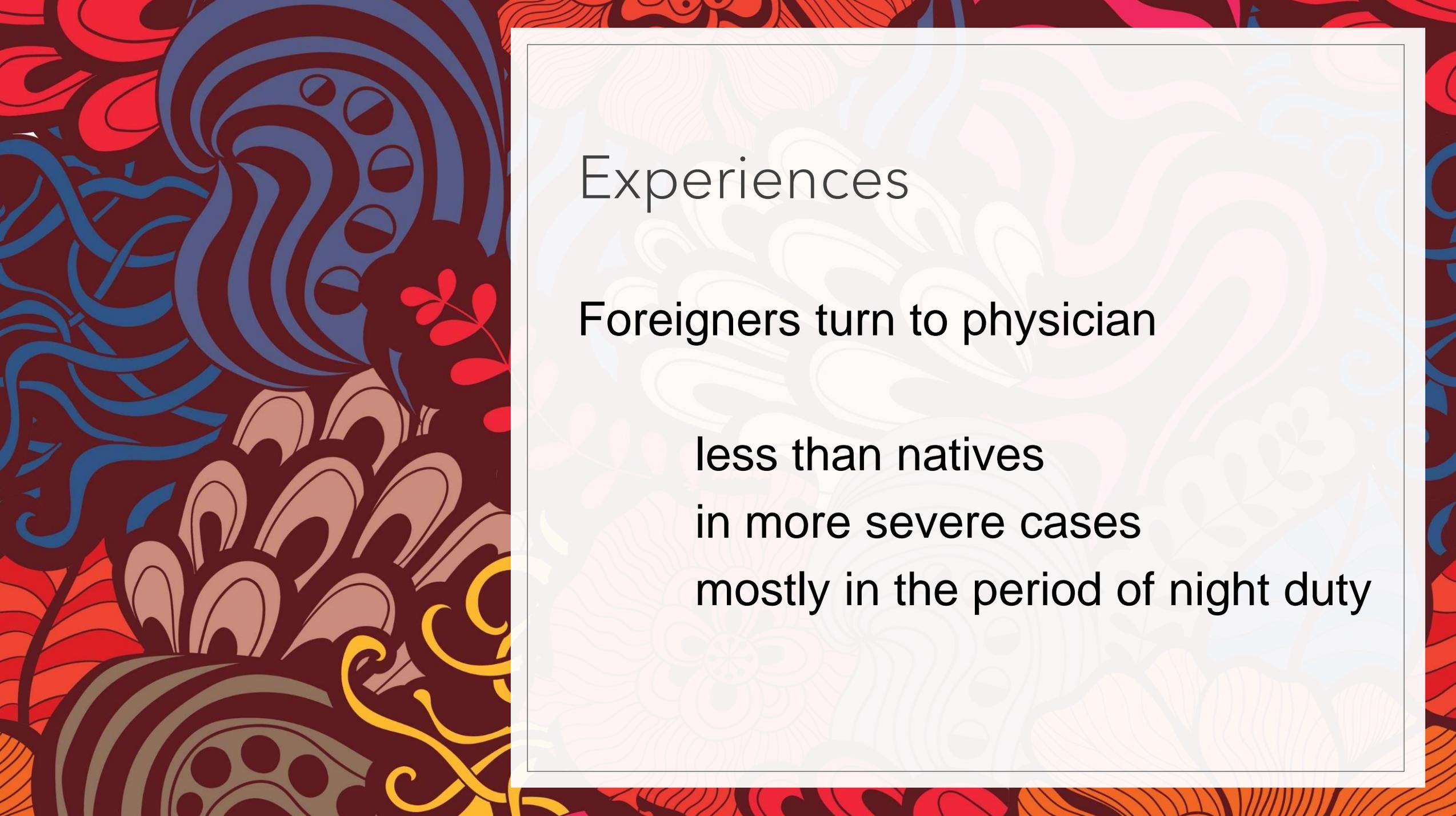
# Strangers in the night ... duty

## DATA

1-30 % more patients/day in the touristic period in the special areas

1-5 % of the permanent inhabitants are foreigner in the big cities

(in 2009.)



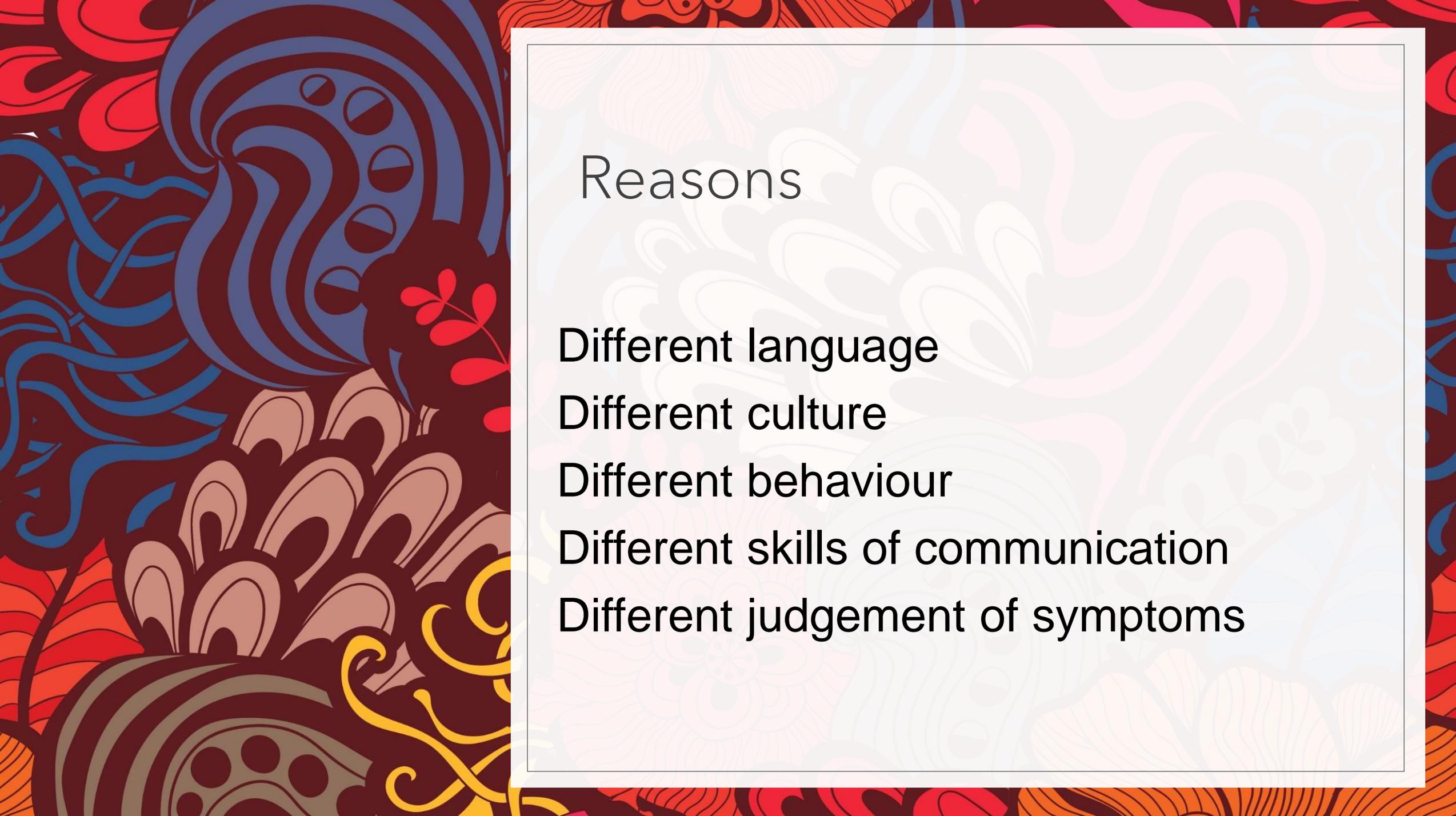
# Experiences

Foreigners turn to physician

less than natives

in more severe cases

mostly in the period of night duty



# Reasons

Different language

Different culture

Different behaviour

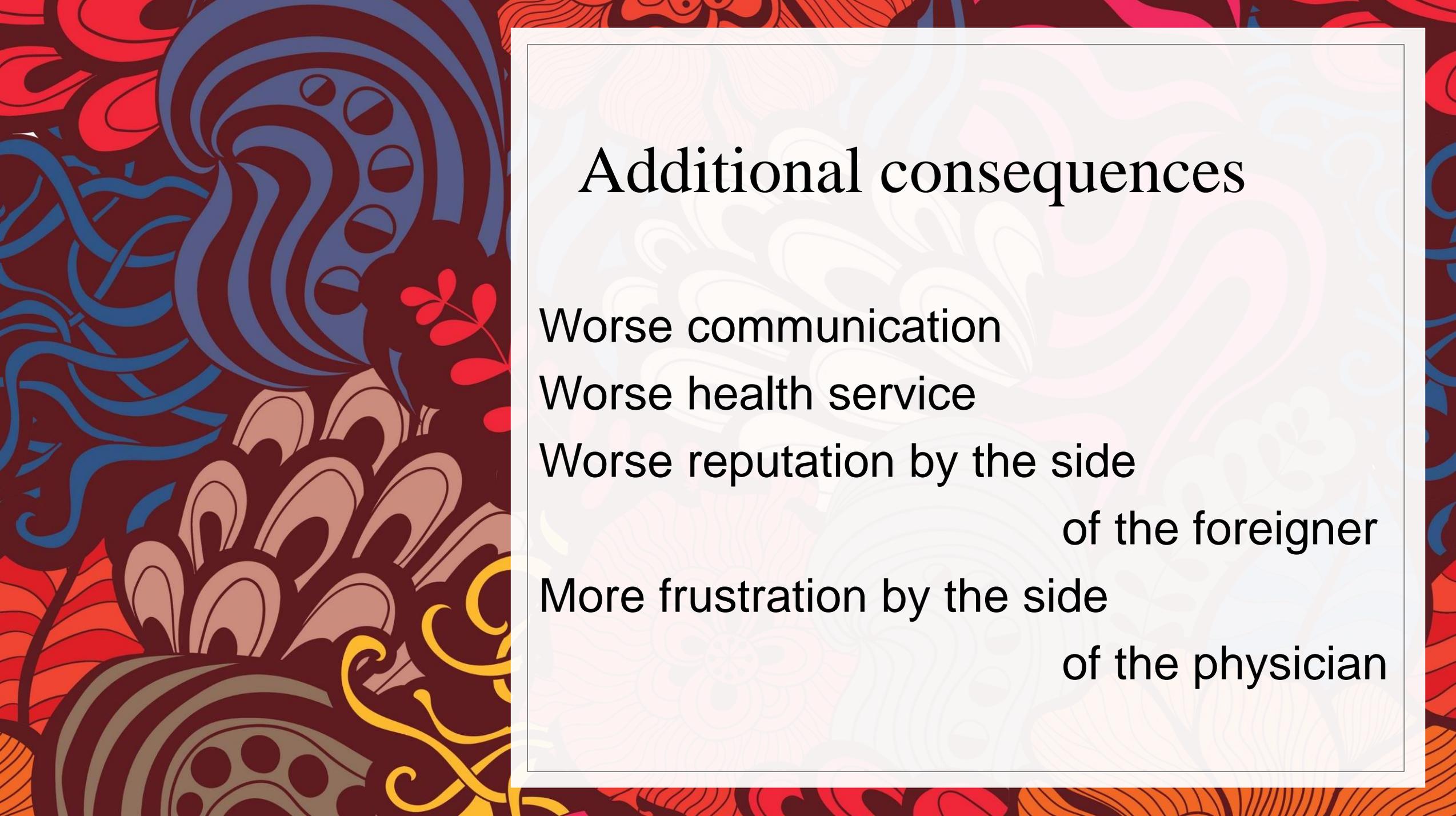
Different skills of communication

Different judgement of symptoms

# Consequences

The physician feels frustration due to  
the lack of language-skills  
loosing the daily standards in behaviour  
in investigation

**Personal antipathy (Doctors' racism!!!)**



# Additional consequences

Worse communication

Worse health service

Worse reputation by the side

of the foreigner

More frustration by the side

of the physician

# Solution...?

Language-learning – physician  
- foreigner

Communication tables / Jose Manuel López Abuin /

CME practices to get good skills  
in specialities of foreigner-health care

...

... and ...?



... tolerance

... humanity

... empathy

# Health services for the workers

Medicine from home	18 cases
Medicine from the neighbour	11 cases
Night duty service	2 cases
Ambulance care - hospital (in two moths abroad)	1 cases

# Employment status in Hungary

## Urban region:

Homeless asylums  
Reception camps

**Individually**

## Rural regions

No migrants  
Only in the bounds of family

With the help of the **relatives**

## Necessity

Language learning  
Legal learning  
Citizens knowledge  
Cultural knowledge

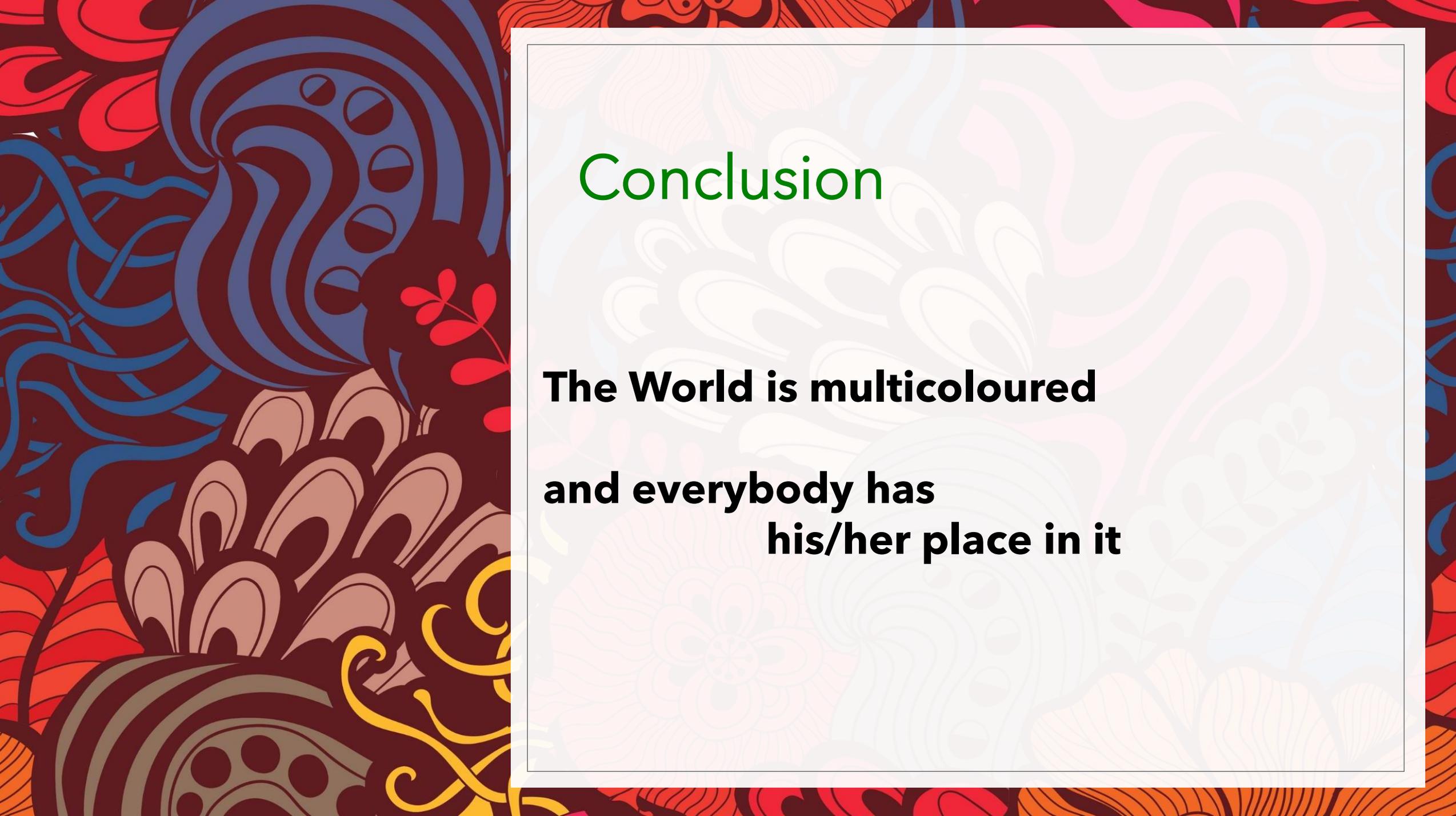
**FRANCE**

# Main goals

**Equity** - multicultural  
- transculture  
- interculture

**Equality** - every rights to the migrants  
what the natives possess

... but not MORE!  
(Graft versus host)



# Conclusion

**The World is multicoloured  
and everybody has  
his/her place in it**

